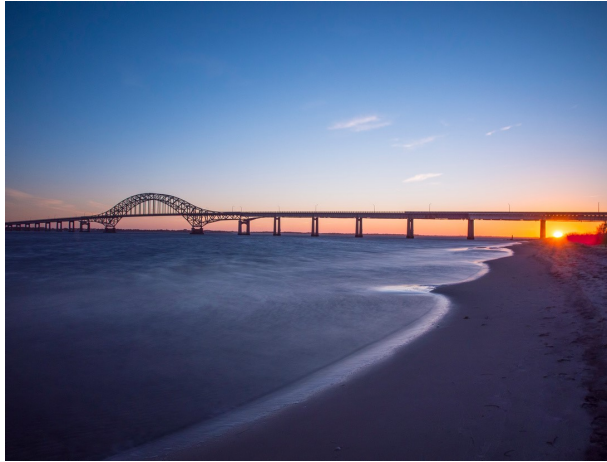


What Can You Experience with Pastoral Counseling?

- Therapy in a safe, confidential, comfortable setting with a skilled, caring professional
- Respect for your individual needs and uniqueness
- Support for your growth and development
- Increased ability to understand yourself
- A new sense of wholeness and authenticity in your life

Fees:

The standard fee is \$135 per 45 min. appointment. Payment options are available: insurance may pay a portion of the fee, sliding fee scale also available.

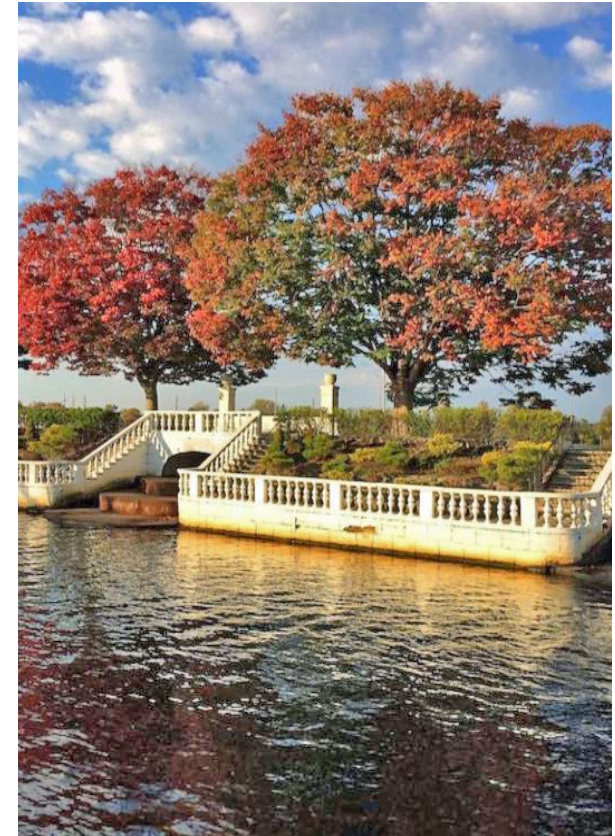


“I have come that they may have life, and have it abundantly” ~ Jesus

**To Make An Appointment
For an Initial Interview or
For More Information**

Call (917)287-0583
pennygadzini@aol.com

Babylon Pastoral Psychotherapy



Rev. Dr. Penny L. Gadzini

Professional Care for Mind, Heart and Soul

Babylon United Methodist Church
21 James Street
Babylon, NY 11702



Rev. Dr. Penny Gadzini is a native of Long Island. After graduating from Dowling College and a brief career as a pilot, Dr. Gadzini earned her M. Div. at Union Theological Seminary and served United Methodist congregations in Elmont, Maspeth and Astoria. Dr. Gadzini's psychological training lays the foundation for expertise in helping people heal. She is a fellow of the American Association of Pastoral Counselors trained at the Blanton Peale Institute and a NY State licensed mental health counselor. Dr. Gadzini holds a certificate in marriage and family counseling from Blanton Peale and has completed the D. Min. at Andover Newton Theological School. Her doctoral project is entitled "Healing Connections: Helping Couples with a History of Trauma to Heal". Dr. Penny Gadzini and James Gadzini married in 1986 and are the parents of an adult son, Jonathan.

What Brings People to Pastoral Counseling?

- Desire for greater meaning and happiness in life
- Difficulties in relationships with partners, at work, at school, with parents, with children
- Grief, loss, loneliness, transitions
- Struggles with self doubt, fears, anxieties, panic attacks
- Spirituality concerns
- Internal conflicts
- Searching for new life direction



What is Pastoral Counseling?

Pastoral counseling is psychotherapy provided by highly trained psychotherapists who are also clergy persons or persons in religious orders. Pastoral Counselors bring to their practice of psychotherapy a deep grounding in their religious tradition and spiritual practice, enabling them to work in a holistic way, honoring the client as the whole person they are- body, mind, heart and soul. They are among the most highly trained of mental health professionals. Pastoral counselors are either fellows or diplomats of the American Association of Pastoral Counselors. For more information, see www.AAPC.org.

Services

- Individual, couple and family counseling
- Grief counseling
- Premarital counseling
- Couple's groups
- Support groups (clergy, grief, caregivers, parents, clergy spouses)
- Clergy support services including clinical supervision of pastoral care ministries

Workshops

- Deepening couple intimacy
- Healing from Trauma
- Church healing ministry
- Parenting
- Managing emotions
- Forgiveness and letting go
- Transitions